



● The resource for local food in Windsor & Essex County, Ontario ●

	item	made in	km	miles	price	buy it at
<b>Beverages</b>						
<i>Beer</i>	Walkerville Lager	Windsor	0	0		Walkerville Brewery, Beer Store
	Sleeman Cream Ale	Guelph	298	185		Beer Store
	Steamwhistle	Toronto	372	231		Beer Store
	Creemore Springs	Creemore	410	255		Beer Store
<i>Spirits</i>	Canadian Club	Windsor	0	0		Liquor Store
	Pug's Head Cider	Maidstone	22	14		Wagner Orchards & Winery
<i>Wine</i>	Baco Noir Reserve	McGregor	26	16		Sanson Estate Winery
	Merlot Reserve	Harrow	40	25		Colio Estate Wines, LCBO
<b>Breads</b>						
<i>Bread &amp; Rolls</i>	Kaisers, Chiabatta, Baguettes	Windsor	0	0		Pierre's Baguette
	European-styled breads	Windsor	0	0		Union Bakery
<i>Pitas</i>	Plain or Whole Wheat Pitas	Windsor	0	0		Delilah's Kitchen (Market)
<b>Condiments &amp; Spices</b>						
<i>BBQ Sauce</i>	Valerie's Hot Sauce	Windsor	0	0	\$9.99	Old Riverside Schwab's
	Tunnel BBQ	Windsor	0	0		Jeff's Fresh Meats
<i>Flour</i>	Hard Red, Soft White, Besan (Chickpea), Corn	Tecumseh				Sartaj Flour
		Comber				Thibert Farm
	Regular & Gluten-Free Flours	Arva	201	125		Arva Flour Mill
<i>Honey</i>	Sun Parlor Buckwheat	Cottam	39	24		Sun Parlor Honey Ltd
<i>Salt</i>	Windsor Salt	Windsor	0	0		A&P
<b>Dairy</b>						
<i>Cheese</i>	Mozzarella	Windsor	0	0		Galatic Cheese Co.
<i>Cream Cheese</i>	Western Creamery	Brampton	344	214		Zehrs
<i>Yoghurt</i>	Western Creamery	Brampton	344	214	\$3.29	Zehrs
	Perth County Organic	Perth	686	426		Remark Farms
<i>Sour Cream</i>	Western Creamery	Brampton	344	214	\$5.39	Enchie Organics Zehrs
<b>Meat</b>						
<i>Beef</i>	Burgers, Gr. Beef, Steaks (Limousin)	McGregor	26	16		Sanson Estate Winery
	<i>Pork</i>	Bacon, Sausages (Berkshire)	McGregor	26	16	
<i>Poultry</i>						

<b>Other</b>						
<i>Pasta</i>	The Pasta House Cheese Tortellini	Windsor	0	0		Remark Farms
<i>Rice</i>	Dainty Rice	Lasalle	10	6		A&P
<b>Produce</b>						
	Apples, Potatoes, Pumpkins	Maidstone	22	14		Wagner Orchards & Winery
	Strawberries	Cottam	39	24		Raymont's Berries
	Seasonal – Fruit & Vegetables	Windsor	0	0		Tent @ Walker & 42
	Seasonal – Fruit & Vegetables	Windsor	0	0		Downtown Windsor Farmers' Market
	Seasonal – Vegetables	McGregor	26	16		Sanson Estate Winery
<b>Snacks</b>						
<i>Chips</i>	Wayne's Pita Chips	Windsor	0	0	\$2.99	Jeff's Fresh Meats
	Uncle Ray's Dill Pickle Chips	Detroit, MI	21	13		Joseph's Market
<i>Nachos</i>	Garden Fresh Gourmet	Ferndale, MI	21	13		Remark Farms
<i>Salsa</i>	Garden Fresh Gourmet	Ferndale, MI	21	13	\$4.99	A&P
	Lakeside Packing	Harrow	40	25	\$3.69	Jeff's Fresh Meats

